

# Matthew Nardozzi

## **Florida:**

### **High School Season:**

- 2013 Varsity Team District Champions, Regional Champions and State Runner-Up Champions
- 2012 Varsity Team District Champions, Regional Champions and State Runner-Up Champions
  
- 2013 State Championship Individual Qualifier: 500 yard Freestyle and 200 yard Individual-Medley
- 2012 State Championship Individual Qualifier: 200 yard Individual-Medley and 100 Butterfly
- 2011 State Championship Individual Qualifier: 200 yard Individual-Medley
- (7) Varsity Letters Earned
- Most Improved Swimmer Award

### **Club Season:**

- 2013 USA Grand Prix Qualifier,
- 2013, 2014 Eastern Zone Sectional Qualifier
- 4-year Senior Championship Qualifier
- 2011 High Point Scorer 13-14 year old Boys:  
Area 2 Championship

## **Connecticut:**

- 2008-2009 Regional Champion – 100Meter Butterfly
- 2006-2007 Regional Champion - 200Meter Butterfly
- 2007-2008 State Top 16 – 400 Meter Individual-Medley
- 2005-2006 State Top 16 – 200 Meter Breaststroke
- Member of USA Sports Ambassador Team to the 2009 World Friendship Games in Austria
- Team MVP
- Coaches Award
- Team MVP (2003-2005)
- Coaches Award (2003-2005)
- Boys 10/under State Champions (Team) (2006-2007)
- Regional Champion- 100 meter butterfly (2006)
- CT TOP 16 swimmer – 100 meter breaststroke (2006-2007)
- Boys 11/12 State Champions (Team) (2008-2009)
- Regional Champion – 200 meter butterfly (2008)
- CT TOP 16 swimmer – 400 meter Individual Medley (2008-2009)

Competed for the US Team in Austria at the World Friendship Games (2009) -  
Trained with Olympic Medalist Lenny Krayzelburg

## Training:

Swim Team Member since 2002

Swim With The Stars at Emory University – Trained with:

Olympic Medalists Ian Crocker, Lenny Krayzelburg and Michael Phelps

Coached by Bob Bowman